

# Eucharistic Adoration Instructions

This will be a special time set aside for you to deepen your personal relationship with Jesus and grow in faith, hope, and love. Go to listen to God speak to you and gain a peaceful spirit and a gentle heart.

1. The Adoration Chapel is located south of the sanctuary and is accessed through the sacristy.
2. Do not converse with others in the Adoration Chapel.
3. Parents are encouraged to bring their children.
4. Silently express sorrow for your faults, ask for the grace to forgive, and pray for guidance and healing.
5. Offer your love to Him.
6. Read the Bible, pray the Rosary, pray the chaplet of Divine Mercy, or any other prayers.
7. Reading material is available in the chapel, including children's books. You are encouraged to use the reading material, but please do not remove from the Chapel.
8. Please refrain from eating or drinking in the Chapel.
9. Do not leave before your scheduled hour is completed and the next regular adorer has come to pray.